

Food For Children

CHOSEN BY CHILDREN

It is very important to us that children enjoy the food we serve. Eating a balanced meal results in improved concentration and provides energy to get through a busy day. That's why we have listened to what you want see on our menus.

Our Customer Promise

Our commitment to provide the best service everyday

- ✓ Our meals meet, and even exceed, current nutritional guidelines.
- ✓ Our meals contain food marked with a wide range of quality UK standards
- ✓ Our staff are qualified professionals. Qualifications include basic hygiene, health and safety, catering and management skills.
- ✓ Our staff are parents too, so we understand fussy eaters, allergies and will always ensure your child has a meal they will enjoy.
- ✓ We will provide a 2 course meal and a drink every day for a set price.
- ✓ We welcome your feedback to help us improve the service we provide.

FREE Free Meals IN HALTON

ALL pupils in reception, years 1 & 2 are eligible to a free school meal, but your older children could be entitled too. If you are in receipt of certain benefits or have a household income below the Government threshold you could be entitled.

For Free School Meal Information Contact
Student Services Team

Tel: 0151 511 7188

Halton Direct Link in Runcorn/Widnes

Visit: www.halton.gov.uk/schoolmeals

**Don't forget you can
apply at school as well!**

Please Note:
Occasionally for reasons beyond our control we may have to alter the menu



school meals

Autumn/Winter Menu 2018/2019



www.halton.gov.uk/schoolmeals



		Week 1	Week 2	Week 3
Monday	Main	Homemade Chicken Curry served with 50/50 boiled rice & naan bread Homemade Quorn Mince Cottage Pie	Brunch (Bacon, Hash Brown, Omelette/Scrambled Egg) with a fruit juice Vegetarian Brunch	Big Tasty Fish Cake served with Herby Potatoes Homemade Creamy Tomato & Basil Pasta
	Vegetable	Green beans, Salad Bar	Baked Beans, Salad Bar	Baked Beans, Salad Bar
	Dessert	Ginger Biscuit & Wedge of Fruit, Fresh Fruit, Cheese & Crackers	Rice Pudding, Fruit Mousse, Fresh Fruit	Drizzled Carrot Cake, Fresh Fruit, Angel Whip
Tuesday	Main	Homemade Cheese & Rice Flan served with Potato Wedges Wrap or Barm filled with either Ham, Turkey, Tuna, Cheese or Egg served with Potato Wedges	Homemade Chicken & Bacon Tomato Pasta served with Garlic Bread Wrap or Barm filled with either Ham, Turkey, Tuna, Cheese or Egg served with Herby Potatoes	Pork & Carrot Meatballs (Gluten free) served with Creamed Potatoes and Gravy Wrap or Barm filled with either Ham, Turkey, Tuna, Cheese or Egg served with Potato Wedges
	Vegetable	Sweetcorn Cobette, Cheesy Coleslaw, Salad Bar	Sweetcorn, Cheesy Coleslaw, Salad Bar	Vegetable Medley, Cheesy Coleslaw, Salad Bar
	Dessert	Marble Sponge Cake & Custard, Yoghurt, Fresh Fruit	Fruit Crumble & Custard, Yoghurt, Fresh Fruit	Orange Cookie & Wedge of Fruit, Cheese & Crackers, Fresh Fruit
Wednesday	Main	Roast Gammon Dinner served with Pineapple, Roast/Mash Potatoes & Gravy Vegetarian Meatballs Dinner	Roast Turkey Dinner served with Stuffing Balls, Roast/Mash Potatoes & Gravy Quorn Sausage	Roast Chicken Fillet Dinner served with Stuffing Balls, Roast/Mash Potatoes & Gravy Vegetarian Meatballs Dinner
	Vegetable	Baton Carrots & Broccoli	Baton Carrots & Broccoli	Baton Carrots & Broccoli
	Dessert	Fresh Fruit Mix, Fruit Yoghurt, Fruit Muffin	Fresh Fruit Mix, Fruit Yoghurt, Fruit Muffin	Fresh Fruit Mix, Fruit Yoghurt, Fruit Muffin
Thursday	Main	Homemade Minced Beef & Onion Pie served with Creamed Potatoes and Gravy Homemade Tomato & Red Pepper	Mini Toad in the Hole served with Potato Wedges and Gravy Homemade Cheese & Rice Flan	Homemade Hot Pot served with Crusty Bread and Sliced Beetroot Vegetarian Spaghetti Bolognese
	Vegetable	Vegetable Medley, Salad Bar	Vegetable Medley, Salad Bar	Peas, Sweetcorn, Salad Bar
	Dessert	Raspberry Bun, Fruit Mousse, Fresh Fruit	Melting Moment & Wedge of Fruit, Angel Whip, Fresh Fruit	Lemon Drizzle Muffin, Cheese and Crackers, Fresh Fruit
Friday	Main	Harry Ramsden's Junior Fish in Batter served with chips Homemade Margherita Pizza	Harry Ramsden's Seaside Salmon Fillet in a vinegar batter served with chips Homemade Margherita Pizza	Fillet Fish Fingers served with Chips Homemade Margherita Pizza
	Vegetable	Baked Beans, Salad Bar	Garden Peas, Salad Bar	Spaghetti Hoops, Salad Bar
	Dessert	Cook's own Chocolate Friday, Fresh Fruit	Cook's own Chocolate Friday, Fresh Fruit	Cook's own Chocolate Friday, Fresh Fruit

Meat free: Served Daily: Filled Jacket Potatoes with a daily choice of various fillings Salad Bar - includes 5 fresh Salad items (except Wednesdays) Assorted Breads Drinks: Chilled Milk, Milkshake and Water

OCTOBER

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

NOVEMBER

M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

DECEMBER

M	T	W	T	F	S	S
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3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

JANUARY

M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

FEBRUARY

M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28			

MARCH

M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31